

White. 1633.

**A New Almanack and
Prognostication, for the
yeare of our Lord God
1633.**

*Being the next after the Leape
Yeare.*

Calculated for the Meridian of the
most Honorable Citie of London,
and will serue generally for
the Monarchie of Great
BRITAIN.

By IOHN WHITE, wel-willerto
the Mathematickes.

LONDON,

Printed by W.S. for the Com-
panie of Stationers.

The Common Notes and movable Feasts for this present yeare of Grace. 1672.

According to the olde Ac-
count bled in England.

The new Gregorian Ac-
count, bled beyond Sea.

19.	The Golden number.	19.
18.	The circle of the Sunne.	18.
29.	The Epact.	10.
8.	The Dominicall Letter.	3.
1.	The Roman Indiction.	1.
3. March	Shrove Sunday.	February 6.
21. April	Easter day.	March 27.
26. May	Ascension Sunday.	May 1.
30. May	Trinity Sunday.	May 5.
9. June	Whitsunday.	May 15.
1. December	Saints Sunday.	Novemb. 29.

Physicall Directions.

Take	Moists.	The Moone or Signe in	♈
	Glisters.		♉
	Gargarismes.		♊
	Preparatiues.		♋
	Stop Rhumes and Fluxes		♌
	Purge by Sweating.		♍

Fit times for Blood-letting.

The Sanguine, from the new Moone to the first Quarter.
The Cholerick, from the first Quarter to the Full.
The Flegmatick, from the full to the last Quarter.
The Melancholy, from the last Quarter to the Change.

Dangerous times for Blood-letting.

In the heat of Summer, or cold of Winter, or when the
Moone is in the Signe which governeth that part of the
Body you would let blood. Also within two dayes of the
Change, or Full of the Moone.

24-10-1900

The beginning and ending of the Terms, with Return
and Elfoyne dayes, dayes of Exception, Returna
Breuium, and dayes of Appearance,
for this yeare 1633.

Returned dayes, or dayes of Elfoyne.	Dayes of Exception	Returna Breuium	Dayes of appearanc
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Michaelmas Term begins January the 23. and ends Fea
buarie the 12. and hath 4. Returnes.

Octabis Hillar. January 21	Janua. 21	Janua. 22	Janua. 23
Quind. Hillary January 28	Janua. 28	Janua. 29	Janua. 30
Craft. Purific. february 4	febru. 4	febru. 5	febru. 6
Octab. Purific. february 11	febru. 11	febru. 12	febru. 13

Easter Term begins May the 8. and ends June the 3.
and hath 5. Returnes.

Quind. Pasch. May. 6	May. 6	May. 7	May. 8
Fres Pasch. May. 13	May. 13	May. 14	May. 15
Mense Pasch. May. 20	May. 20	May. 21	May. 22
Quind. Pasch. May. 27	May. 27	May. 28	May. 29
Craft. Ascen. May. 31	June. 1	June. 3	June. 4

Trinitie Term begins June the 21. and ends Iulie the 10
and hath 4. Returnes.

Craft. Trinit. June. 17	June. 18	June. 19	June 20
Octab. Trinit. June. 25	June. 25	June. 26	June. 27
Quind. Trinit. Iuly. 1	Iuly. 1	Iuly. 2	Iuly. 3
Fres Trinit. Iuly. 8	Iuly. 8	Iuly. 9	Iuly. 10

Michaelmas Term begins October the 9. and ends
November 28. and hath 8. Returnes.

Octa. Mich. October. 7	Octob. 7	Octob. 8	Octob. 9
Quind. Mich. October. 14	Octob. 14	Octob. 15	Octob. 16
Fres Mich. October. 21	Octob. 21	Octob. 22	Octob. 23
Mens. Mich. October. 28	Octob. 28	Octob. 29	Octob. 30
Craft. Anima. Nouem. 4	Nouem. 4	Noue. 5	Noue. 6
Craft. Mart. Nouemb. 11	Noue. 11	Noue. 12	Noue. 13
Octa. Mart. Nouemb. 18	Noue. 18	Noue. 19	Noue. 20
Quind. Mart. Nouemb. 25	Noue. 25	Noue. 26	Noue. 27

The Anatomy of Mans Body, as the parts
thereof are governed by the twelve Ce-
lestiall Signes.

Aries, Head and face.

Taurus,
Neck and
Throate.

Cancer,
Brest and
Stomacke.

Virgo,
Bowels and
Belly.

Scorpio,
Secrets &
Members.

Capricorne,
The
Knees.



Pisces, the feet.

Gemini,
Armes and
Shoulders.

Leo,
Heart and
Backe.

Libra,
Reynes and
Loynes.

Sagitarus,
The
Thighes.

Aquarius,
The
Legges.

Bold fierie *Aries* ruleth Head and Face;
In Necke and Throate doth *Taurus* challenge place,
The twining *Gemini* gouerns Armes and Hands,
The Brest and Stomack *Cancer* shee commands;
Then Lustie *Leo* hath the Backe and Heart,
Bowels and Belly is the *Virgo's* part;
In Loynes and Reynes is *Libra's* liberties,
And *Scorpio* rules the Stones and Priuities;
The Thighes and Hanch is *Sagitarus* song,
And both the Knees to *Capricorne* belong;
Aquarius makes the Legges much Aches feele,
And *Pisces* rules the Feet from Toe to Heele.

Januarie hath xxxj. dayes.

allarme meates and Clothes this Moneth are good;
Take heede of Barthes and letting blood.

1 Day, Sun riseth at 8. & 1. min. sets at 3. & 59. min.
15 Day, Sun riseth at 7. & 43. min. sets at 4. & 17. min

1	a		Aqua. 9	11	d
2	b	Oct. Steph.	Aqua. 23	12	e
3	c	Oct. John.	Pisc. 7	13	f
4	d	Oct. Innoc.	Pisc. 21	14	g
5	e	Edward dep.	Arie. 5	15	a
6	f	Edward dep.	Arie. 18	16	b
7	g	Felix. 9 Jan.	Tau. 1	17	c
8	a	Luctan pnt.	Tau. 13	18	d
9	b	Joyceburg.	Tau. 25	19	e
10	c	Paul. r. her.	Gem. 7	20	f
11	d	Solin Aquari.	Gem. 19	21	g
12	e	Archad mart.	Canc. 1	22	a
13	f	Hillaric bish.	Canc. 13	23	b
14	g	Felix pte.	Canc. 25	24	c
15	a	Maurice.	Leo. 6	25	d
16	b	Marcell bish.	Leo. 18	26	e
17	c	Anthonie.	Virg. 0	27	f
18	d	Piscar bish.	Virg. 13	28	g
19	e	Molstan.	Virg. 25	29	a
20	f	Fab. 9 Feb.	Libz. 8	30	b
21	g	Agnes	Libz. 21	31	c
22	a	Vincent.	Scoz. 5	1	d
23	b		Scoz. 19	2	e
24	c	Timothie.	Sag. 3	3	f
25	d	Con. of Paul	Sag. 18	4	g
26	e	Polisarpe.	Capz. 3	5	a
27	f	Agnes the 2.	Capz. 18	6	b
28	g	Malerius	Aqua. 2	7	c
29	a	Theodo. pnt.	Aqua. 17	8	d
30	b	Barildqueen.	Pisc. 1	9	e
31	c	Saturnine.	Pisc. 15	10	f

February hath xxviii. dayes.

Wille, & carbes and fennish fowle denie;
Purge not, nor vse Phlebotomie

1 Day, Sun riseth at 7. & 13. min. sets at 4. & 47. min.
15. Day, Sun riseth at 6. & 46. min. sets at 5. & 14. min.

1	d	Briget. Fair	Disc. 29	11	B
2	e	Adrian. Fair	Brie. 13	12	a
3	f	Blase bish.	Brie. 26	13	c
4	g	Gilbert bish.	Taur. 8	14	d
5	a	Agathe vir.	Taur. 21	15	e
6	b	Andr. & Am.	Gem. 3	16	f
7	c	Angule.	Gem. 16	17	g
8	d	Paule bish.	Gem. 28	18	a
9	e	Polina.	Canc. 10	19	c
10	f	Sol in Pisces.	Canc. 22	20	d
11	g	Sotheris.	Leo. 4	21	e
12	a	Gertrude vido.	Leo. 15	22	f
13	b	Wolstan bish.	Leo. 28	23	g
14	c	Valentine.	Virg. 10	24	a
15	d	Faustine & Jo.	Virg. 22	25	c
16	e	Julian.	Libz. 5	26	d
17	f	Septuagesima.	Libz. 18	27	e
18	g	Policron.	Scor. 2	28	f
19	a	Sabine.	Scor. 15	1	g
20	b	Mildred.	Scor. 29	2	a
21	c	79. Martyrs.	Sag. 14	3	c
22	d	Peter Chai.	Sag. 28	4	d
23	e	Policarpe.	Cap. 13	5	e
24	f	Phactas & Ag.	Cap. 27	6	f
25	g	Inuen. Paul.	Aqua. 12	7	a
26	a	Pelleo.	Aqua. 26	8	c
27	b	Augustin.	Disc. 10	9	d
28	c	Osvalde.	Disc. 24	10	e

First quar-

ter the 5. day.

at 9. of y clock

at night.

Fulmoone

the 13. day, at

12. of the clock

at night.

Last quar-

ter the 21. day

3. quarters of

an houre after

7. of the clock

in y morning.

Moone y 28.

day, at two of

the clocke in

the morning.

March hath xxxj. dayes.

Grosse Meates doe hurt, bfe foode that's fine;
Let Blood, and take some Medicine.

1. Day, Sun riseth at 6 & 18. min. sets at 5. & 42. min.
15. Day, Sun riseth at 5. & 50. mi. sets at 6. & 10. min.

1	d	Dauid bish.	Arie. 7	11	g
2	e	Chadde.	Arie. 21	12	a
3	f	Thomas.	Taur. 3	13	b
4	g	Adrian.	Taur. 16	14	c
5	a	Jocaz & Cu.	Taur. 29	15	d
6	b	Alfred wednesda	Gem. 11	16	e
7	c	Perpetue.	Gem. 23	17	f
8	d	Felix.	Canc. 5	18	g
9	e	40. Mart.	Canc. 17	19	a
10	f	Agapite.	Leo. 0	20	b
11	g	Solin Aries.	Leo. 12	21	c
12	a	Gregorie.	Leo. 24	22	d
13	b	Theodore.	Mirg. 6	23	e
14	c	Candide.	Mirg. 19	24	f
15	d	Longine.	Libz. 2	25	g
16	e	Boniface.	Libz. 15	26	a
17	f	Quadragesima	Libz. 28	27	b
18	g	R. Edward.	Scoz. 12	28	c
19	a	Jos. mar. hus.	Scoz. 26	29	d
20	b	Ember week	Sag. 10	30	e
21	c	Euthbert.	Sag. 24	31	f
22	d	Benedict.	Cap. 9	1	g
23	e	Herodole.	Cap. 23	2	a
24	f	Theodo.	Aqua. 8	3	b
25	g	John of Ba	Aqua. 22	4	c
26	a	Tasto.	Pisc. 6	5	d
27	b	John of Ba	Pisc. 20	6	e
28	c	Dorothe.	Arie. 3	7	f
29	d	Quintine.	Arie. 16	8	g
30	e	Quirine.	Arie. 29	9	a
31	f	Helme.	Taur. 12	10	b

April hath xxv. dayes.

The Blood being hot, coole hearbes now vse;
And March his precepts not refuse.

1. Day, Sun riseth at 5. & 16. min. sets at 6. & 44 min.
15. Day, Sun riseth at 4. & 51. min sets at 7. & 9. min.

1	g	Gildard.	Taur. 24	11	c
2	a	Mary Egypt.	Gem. 6	12	d
3	b	Richard.	Gem. 19	13	e
4	c	Amorose.	Canc. 1	14	f
5	d	Vincent.	Canc. 13	15	g
6	e	Sextus.	Canc. 25	16	a
7	f	Euphemia.	Leo. 7	17	b
8	g	Egeppus.	Leo. 20	18	c
9	a	Perpetuus.	Virg. 2	19	d
10	b	Solin Taur.	Virg. 15	20	e
11	c	Guthlare.	Virg. 28	21	f
12	d	Julius.	Libz. 11	22	g
13	e	Senon.	Libz. 24	23	a
14	f	Olyffe.	Scoz. 8	24	b
15	g	Olwald.	Scoz. 22	25	c
16	a	Adore.	Sag. 6	26	d
17	b	Anicete.	Sag. 20	27	e
18	c	Eluther.	Capz. 5	28	f
19	d	Alphege.	Capz. 20	29	g
20	e	Victor.	Aqua. 4	30	a
21	f	Walter day.	Aqua. 18	1	b
22	g	Sother.	Pisc. 3	2	c
23	a	S. Georg.	Pisc. 16	3	d
24	b	Wilfrid.	Arie. 0	4	e
25	c	Willelm.	Arie. 13	5	f
26	d	Elere.	Arie. 26	6	g
27	e	Anastatius.	Taur. 8	7	a
28	f	Uictalis.	Taur. 21	8	b
29	g	Peter mil.	Gem. 3	9	c
30	a	Erkenwald.	Gem. 15	10	d

May hath xxxj. dayes.

Put Sage in Drinke; Drinke Worme-wood Wine;
Use Physicke helpe; walke Mornings fine.

1. Day, Sun riseth at 4. & 23. min. sets at 7. & 37. min.
15. Day, Sun riseth at 4. & 4. min. sets at 7. & 56. min.

1	b	Philip & Jac	Gem. 27		11	e
2	c	Athanassius.	Canc. 9		12	f
3	d	Inuen. Crof.	Canc. 21		13	g
4	e	Christopher.	Leo. 3	First quar-	14	a
5	f	Goddard.	Leo. 15	ter the 6. day,	15	b
6	g	John portiat.	Leo. 27	a quarter of an	16	c
7	a	John Weuer.	Virg. 10	houre past 5.	17	d
8	b	John Weuer.	Virg. 22	of the clocke in	18	e
9	c	Nicholas.	Libz. 6	the morning.	19	f
10	d	Godian.	Libz. 19		20	g
11	e	Solin Gem.	Scor. 3		21	a
12	f	Anehonte.	Scor. 16	Full moone	22	b
13	g	Geruatius.	Sag. 1	the 13. day,	23	c
14	a	Boniface.	Sag. 15	halfe an houre	24	d
15	b	Alidore.	Capz. 0	past 11. of the	25	e
16	c	Brandon bish.	Capz. 15	clock at noone.	26	f
17	d	Wernard.	Aqua. 0		27	g
18	e	Dioscorides.	Aqua. 14		28	a
19	f	Dunstan.	Aqua. 29	Last quar-	29	b
20	g	Wernardine.	Pisc. 13	ter the 20. day,	30	c
21	a	Helen.	Pisc. 27	at 2. of 2 clocke	31	d
22	b	Julian.	Aric. 10	ni 2 morning.	1	e
23	c	Desiderij.	Aric. 23		2	f
24	d	Frankis.	Taur. 5		3	g
25	e	Adelme.	Taur. 18	New	4	a
26	f	Adelme.	Gem. 0	Moone 27.	5	b
27	g	German.	Gem. 12	day, a quarter	6	c
28	a	Corone.	Gem. 24	of an houre	7	d
29	b	Nichomede.	Canc. 5	past 5. of the	8	e
30	c	Nichomede.	Canc. 17	clocke in the	9	f
31	d	Petrus.	Canc. 29	euening.	10	g

Let Physicke goe, coele hearbs now take;
Sweet Drinke and Venus now forsake.

1. Day, Sun riseth at 3. & 50. min. sets at 8. & 10. min.
15. Day, Sun riseth at 2 and 47. min. sets at 8 & 13. min.

1	e	Nichomede.	Leo. 11	11	a
2	f	Marcellus.	Leo. 23	12	b
3	g	Lucius.	Virg. 5	13	c
4	a	Petrolius.	Virg. 18	14	d
5	b	Boniface.	Libz. 0	15	e
6	c	Melone.	Libz. 13	16	f
7	d	Uolstane.	Libz. 27	17	g
8	e	William.	Scoz. 11	18	a
9	f	Alb. Bunde.	Scoz. 25	19	b
10	g	Juan.	Sag. 9	20	c
11	a	Barnabe.	Sag. 24	21	d
12	b	Solin Cancer.	Capz. 9	22	e
13	c	Anthonie.	Capz. 24	23	f
14	d	Smiler Mack.	Aqua. 9	24	g
15	e	Modellus.	Aqua. 24	25	a
16	f	Crutier M.	Pisc. 8	26	b
17	g	Wetulpb.	Pisc. 21	27	c
18	a	Creuperius.	Aric. 6	28	d
19	b	Seruatus.	Aric. 19	29	e
20	c	Corpus Chz.	Taur. 2	30	f
21	d	Terme begin.	Taur. 15	1	g
22	e	Elbane.	Taur. 27	2	a
23	f	Etheid. fad	Gem. 9	3	b
24	g	John Bapt.	Gem. 21	4	c
25	a	Eulegius.	Canc. 3	5	d
26	b	John & Paul.	Canc. 14	6	e
27	c	Criscus.	Canc. 26	7	f
28	d	Leonis. fad.	Leo. 8	8	g
29	e	Peter & Paul.	Leo. 20	9	a
30	f	Gen. of Paul.	Virg. 1	10	b

July hath xxxi. dayes.

Use Sallets fresh to coole the heate,
And bath in Springsto cleanse the sweate.

1. Day, Sun riseth at 3. and 56. min. sets at 8. & 4. min.
16. Day, Sun riseth at 4. and 12. min. sets at 7 & 48. min

1	g	Oct. Jos. Ba.	Virg. 14		11	c
2	a	Wilt. of Ma.	Virg. 26		12	d
3	b	Gregorie.	Libz. 9	First quar-	13	e
4	c	Martin.	Libz. 22	ter the 4. day,	14	f
5	d	Zoe bir.	Scor. 5	a quarter of an	15	g
6	e	Oct. Pet.	Scor. 19	houre after	16	a
7	f	Becker.	Sag. 3	9. of the clocke	17	b
8	g	Grimbald.	Sag. 18	in y morning.	18	c
9	a	Erill,	Cap. 3		19	d
10	b	Terrence	Cap. 18	ful moone	20	e
11	c	Benedict.	Aqua. 3	the 11. day, a	21	f
12	d	Ab. and fe.	Aqua. 18	quarter of an	22	g
13	e	sol in Leo.	Disc. 2	houre past 2.	23	a
14	f	Bonaucene.	Disc. 17	of the clocke in	24	b
15	g	Swethin.	Aric. 1	the morning,	25	c
16	a	Osmond.	Aric. 15		26	d
17	b	Kenehne.	Aric. 28	Last quar-	27	e
18	c	Arnulph.	Taur. 11	ter y 17. day,	28	f
19	d	Aug. day beg.	Taur. 24	halfe an houre	29	g
20	e	Margeret.	Gem. 6	past 9. of the	30	a
21	f	Praxed.	Gem. 18	clock at night.	31	b
22	g	Mary Mag.	Canc. 0		1	c
23	a	Apoline.	Canc. 12		2	d
24	b	Christo. full	Canc. 24	New	3	e
25	c	James West	Leo 5	Moone y 25.	4	f
26	d	An. Ma. mo.	Leo. 17	day, 3. quar-	5	g
27	e	7. Sleepers.	Leo. 29	ters of an	6	a
28	f	Sampson.	Virg. 11	houre past 11.	7	b
29	g	Felix.	Virg. 23	of the clocke	8	c
30	a	Abdon.	Libz. 5	at night.	9	d
31	b	Germane.	Libz. 18		10	e

August hath xxxij. dayes.

**For the Physicke and Phlebotomie;
Escheu cold Bathes and Venerie.**

1. Day, Sun riseth at 4. & 38. min. sets at 7. & 22. min.
15. Day, Sun riseth at 5. & 4. min. sets at 6. & 56. min.

1	c	Lammas day	Scor. 1	11	f
2	d	Stephen.	Scor. 14	12	g
3	e	Juno. Steph.	Scor. 22	13	a
4	f	Iustine.	Sag. 12 tor 2. day, a	14	b
5	g	Oswald.	Sag. 27 quarter of an	15	c
6	a	Tran. Christ	Capz. 11 houre past 7.	16	d
7	b	Feast Iesu.	Capz. 26 of the clocke at	17	e
8	c	Crack.	Aqua. 11 night.	18	f
9	d	Roman.	Aqua. 26	19	g
10	e	Lawrence.	Disc. 11	20	a
11	f	Tiburt.	Disc. 25	21	b
12	g	Clare.	Arie. 9 the 9. day, 3.	22	c
13	a	Sol in Virgo.	Arie. 23 quarters of an	23	d
14	b	Eusebius.	Taur. 6 houre after 9.	24	e
15	c	Alun. Ma.	Taur. 19 of the clocke in	25	f
16	d	Bochus.	Gem. 2 the morning.	26	g
17	e	Ota. Law.	Gem. 14	27	a
18	f	Agapite.	Gem. 27	28	b
19	g	Magnus.	Canc. 9	29	c
20	a	Leues	Canc. 21 ter the 16. day	30	d
21	b	Barnard.	Leo. 3 halfe an houre	31	e
22	c	Quatus.	Leo. 14 past 1. of the	1	f
23	d	Timoth. f. a.	Leo. 26 clock at noone.	2	g
24	e	Barthol. 29	Virg. 8	3	a
25	f	Lodouicus.	Virg. 20	4	b
26	g	Seuerine.	Libza. 2	5	c
27	a	Busine.	Libza. 15 Moons 24.	6	d
28	b	Augustine.	Libz. 28 day, at 3. of 2	7	e
29	c	Don. day end	Scor. 11 clock in the	8	f
30	d	Feltr.	Scor. 24 afternoone.	9	g
31	e	Cuthburge.	Sag. 8	0	a

September hath. xxx. dayes.

Now drinke Goates Milke, on ripe fruttes seede;
(If need require) Purge, Bath, and Bleed.

1. Day, Sun riseth at 5. & 37. min. sets at 6. & 23. min.
15. Day, Sun riseth at 6. & 4. min. sets at 5. and 56. min.

1	Gileg.	Sag. 22	First quar-	11
2	g Anthonie.	Capz. 6	ter the first	12
3	a Gregorie.	Capz. 21	day, at 3. of	13
4	b Cutburr.	Aqua. 6	the clock in	14
5	c Bertine.	Aqua. 20	the morning.	15
6	d Eugentus.	Pisc. 5		16
7	e Emurcius.	Pisc. 19	Fullmoone	17
8	Mat. Mary.	Arie. 3	7. day, halfe	18
9	g Gorgontus.	Arie. 17	an houre past	19
10	a Hilulus.	Taur. 1	6. of the clocks	20
11	b Prothus.	Taur. 14	at night.	21
12	c Martinian.	Taur. 27		22
13	d Sol in Libra.	Gem. 10	Last quar-	23
14	e Holy Crosse.	Gem. 22	ter 15. day,	24
15	Oct. Mary.	Canc. 4	halfe an houre	25
16	g Edith.	Canc. 17	past 4. of the	26
17	a Lambert.	Canc. 29	clocke in the	27
18	b	Leo. 11	morning.	28
19	c January.	Leo. 23		29
20	d Eusta.	Virg. 5	Fullmoone	30
21	e	Virg. 17	Moone 23.	1
22	g Mauricius.	Virg. 29	day, halfe an	2
23	a Tecla.	Libra. 12	houre past 4.	3
24	b Andoche.	Libz. 25	of 12 clocke in	4
25	c Fermin.	Scor. 8	the morning.	5
26	d Epprian.	Scor. 21	First quar-	6
27	e Colm. & Da.	Sag. 4	ter 30. day,	7
28	g Creuperius.	Sag. 18	halfe an houre	8
29		Capz. 3	after 9. of the	9
30	g Hierome.	Capz. 17	clocke in the	10
			morning.	

October hath xxxj. dayes.

Strong Meines, hot Bathes, and Spice that is good,
Preserues our healthes; Purge and let Blood.

1. Day, Sun riseth at 6. and 36. min sets at 5. & 24. min.

15. Day, Sun riseth at 7. and 3. min. sets at 4. & 57 min

1	a	Benignus.	Aqua. 1	11	d
2	b	Leodegarius.	Aqua. 16	12	e
3	c	Candide.	Disc. 00	13	f
4	d	Francis.	Disc. 15 the 7. day, at 5	14	g
5	e	Apollinari.	Disc. 29 of the clock in	15	a
6	f	Faith.	Arie. 13 the morning.	16	b
7	g	Marc. & Ma.	Arie. 26	17	c
8	a	Delagius.	Taur. 9	18	d
9	b	Germe begin	Taur. 22	19	e
10	c	Geron.	Gem. 5 ter the 14. day	20	f
11	d	Nicasius.	Gem. 17 three quarters	21	g
12	e	Alfride.	Canc. 0 of an houre af	22	a
13	f	Sol in Scorp.	Canc. 12 ter 11. of the	23	b
14	g	Calixtus.	Canc. 24 clock at night.	24	c
15	a	Alalfran.	Leo. 6	25	d
16	b	Michael.	Leo. 18	26	e
17	c	Etheldred.	Virg. 1	27	f
18	d	the change	Virg. 13	28	g
19	e	Fridolfwde.	Virg. 25	29	a
20	f	Austrebert.	Libz. 8 of an houre	30	b
21	g	11000. Virg	Libz. 21	31	c
22	a	Mary Sol.	Scor. 4 clock at night	1	d
23	b	Romanus.	Scor. 17	2	e
24	c	Moglorie.	Sag. 1	3	f
25	d	Cris. & Crif.	Sag. 19	4	g
26	e	Ursula.	Sag. 29 ter 29. day,	5	a
27	f	Florens.	Capz. 13 at 4. of the	6	b
28	g	Simon & Ju.	Capz. 28 clock at night.	7	c
29	a	Marcellus.	Aqua. 12	8	d
30	b	Germanz.	Aqua. 27	9	e
31	c	Quintin.	Disc. 11	10	f

November hath xxx. dayes.

From cold preserve thy head and fecte.

Abstaine from wine that's new and sweet.

1. Day, Sun riseth at 7. & 24 min. sets at 4. & 26. min.

5. Day, Sun riseth at 7. & 55. min. sets at 4. and 5. min.

1	d	All Saints.	Pisc. 25	11	b
2	e	All Soules.	Arie. 9	12	a
3	f	Alenefride.	Arie. 21	13	e
4	g	Amantius.	Taur. 5 the 5. day, at 7.	14	c
5	a	Bolwertreot	Taur. 18 of the clock at	15	d
6	b	Leonard.	Gem. 1 night.	16	e
7	c	Wilbode.	Gem. 13	17	f
8	d	4. Crowned.	Gem. 25	18	g
9	e	Theodore.	Canc. 8	19	a
10	f	Martine.	Canc. 20 terche 13. day	20	b
11	g	Martine bish.	Leo. 2 at 8. of the	21	c
12	a	Solin Sagit.	Leo. 14 clock at night	22	d
13	b	Wlce	Leo. 26	23	e
14	c	Erkenwald.	Virg. 8	24	f
15	d	Wacute.	Virg. 21	25	g
16	e	Edmond.	Libra. 3	26	a
17	f	S. Hugh.	Libra. 16	27	b
18	g	Oct. Martin.	Libra. 29 day, 3. quar-	28	c
19	a	Elizabeth.	Scor. 12 ters of an	29	d
20	b	Edmund.	Scor. 26 houre past 7.	30	e
21	c	Wes Ma.	Sag. 10 of the clock in	1	f
22	d	Ciceli.	Sag. 24 the morning,	2	g
23	e	Clement.	Capr. 9	3	a
24	f	Exilgon.	Capr. 23	4	b
25	g	Katherine.	Aqua. 8	5	c
26	a	Linus.	Aqua. 23 ter 27. day, at	6	d
27	b	Agricola.	Pisc. 7 8. of the clocke	7	e
28	c	Remigius.	Pisc. 22 at night.	8	f
29	d	Saturn. f.	Arie. 6	9	g
30	e		Arie. 19	10	a

December hath xxxj. dayes.

Use Meate that's warme, hot Spice and Wine;
Invite the Poore to Sup and Dine

1. Day, Sun riseth at 8. & 10. min. sets at 3. & 50. min.
15. Day, Sun riseth at 8. & 13. min. sets at 3. & 47. min.

1		Taur. 2	11	
2	g Libantus.	Taur. 15	12	c
3	a Osmo. Dep.	Taur. 28	13	d
4	b Barbara.	Gem. 10	14	e
5	c Sabba.	Gem. 22	15	f
6	d Nicholas.	Canc. 4	16	g
7	e Ambrose.	Canc. 16	17	a
8	f Conc. Ma.	Canc. 28	18	b
9	g Cyprian.	Leo. 10	19	c
10	a Eulalie.	Leo. 22	20	d
11	b Damasus.	Virg. 4	21	e
12	c Solin Capric.	Virg. 16	22	f
13	d Lucie.	Virg. 28	23	g
14	e Vincent. Mart.	Libz. 11	24	a
15	f Valerius.	Libz. 24	25	b
16	g Sapientia.	Scor. 7	26	c
17	a Lazarus.	Scor. 21	27	d
18	b Gratian.	Sag. 4	28	e
19	c Menetia.	Sag. 19	29	f
20	d Julian. Fall.	Capz. 3	30	g
21	e Thomas Ap.	Capz. 18	31	a
22	f 20. Martyrs.	Aqua. 3	1	b
23	g Victor.	Aqua. 18	2	c
24	a Candi. Just.	Pisc. 3	3	d
25	b Stephen.	Pisc. 17	4	e
26	c John. Ev.	Arie. 1	5	f
27	d John. Ev.	Arie. 15	6	g
28	e Innocent.	Arie. 29	7	a
29	f Thom. Bec.	Taur. 12	8	b
30	g James tr.	Taur. 25	9	c
31	a Silvester.	Gem. 7	10	d

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A Prognostication for
this yeare of our Lord God,
1633.

Being the next after the *Bissextile*, or
Leape-yeare.

VVherein is conteyned the state
of the whole Yeare; the disposition of
each Quarter; and the Inclinati-
on of the Weather for euery Quar-
ter of the Moone through-
out the whole Yeare.

With the rising and setting of the Planets,
Husbandry Aduertisements, and other
things fit to bee knowne, both plea-
sant and profitable.

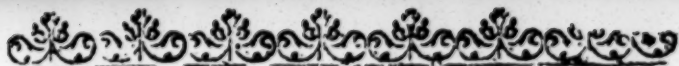
Also, at the end of the Booke, is the whole
Almanacke, contayned in one Lease, for this
Yeare 1633. which being cut out, is fit to be
placed into a Table-Booke, Booke
of Accompt, or other.

By *John White*, Well-willer to the *Mathematicks*.

LONDON,
Printed by *A. Math.* for the Company of
Stationers. 1633.

A Chronologie or Computation of yeeres to this present time.

S ince the Creation of the World to this yeare	5582
Since the Flood	3926
Since London was built	2741
Since Yorke was built	2599
Since Rome was built	2384
Since the destruction of Ierusalem	1562
Since England first received the Christian Faith	1453
Since the Conquest of England by Duke William	167
Since S. Pauls Church in London was built	547
Since London-bridge was built with stone	457
Since the first Lord Mayor of London	443
Since the Order of the Knights of the Garter	289
Since the Invention of Gunnes	253
Since the Art of Printing was invented	173
Since King Henry the 8. conquered Bulloigne	88
Since the first vse of Coaches in England	78
Since the burning of Pauls Steeple	72
Since the Royall Exchange was built	68
Since the Earles rebellion in the North	64
Since the blasing Starre, and sharpe Winter	61
Since the Massacre in France	61
Since the whole Heavens seemed to burne with Fire	59
Since the former great Frost	69
Since the former deepe Snow	24
Since the generall Earthquake	53
Since Tobacco was first vsed in England	48
Since the Campe at Tilbury in Essex	45
Since the greates Plague in London	30
Since the Gunpowder Treason	28
Since the great Frost	25
Since the death of Prince Henric	21
Since the last deepe Snow	18
Since the last Blasing-Starre	15
Since his Maesties returne from Spaine	10
Since the fall at Blackfryers	10
Since his Maesties proclaiming	8



A briefe Declaration of the Disposition of the foure Quar- ters of this Yeare.

And first of Winter.

*The Winter Quarter best doth prophesiate
To all Degrees, and Sexes, their estate.*

Sol in Capricorne, Aquarius, Pisces.



Winter (the first Quarter Astronomically) did be-
gin the last yeare 1632 upon wednesday being
the 12. of December, at which time the Sun
did make his first entrance into the beginning
of Capricorne, and doth continue this yeare till
monday being the 11 day of March; In which
time the Sun finisheth this Quarters resolution through thre
three Hymal Signes, Capricorne, Aquarius, and Pisces.

The proper nature of this Quarter, is to be cold and moist,
(contrary to the nature of Summer) and is of the Phlegma-
ticke Complexion, which humor doth chiefly rule in our bo-
dies from thre of the Clocke in the afternoone till ix. of the
clock at night. Now doe the Sea-tost Mariners endure
many a storme on the raging Ocean; the Windes are high and
strong, making the billows of the Sea to swell and some. The
floods, are high, the Ayre is cold & piercing, the Dayes are short,
the Nights long, and the strength and vigour of every Crea-
ture decayeth. The peeces of the earth are now enclosed and
shut up by the extreame coldness of the Ayre: Fowles get them-
selves to the warmest Regions, Birds seeke for a shelter, Serpents
betake them to their dennes, and the Fishes get into the deepest
of the Waters for their warmth and comfort: For whatsoever
the cheerefull Spring and comfortable Summer did produce
and nourish, this Quarter doth destroy and vanish. The more
cold and drye the Winter is, most wholesome for Man & Beast;
yet too much cold killeth Plants and Trees in a cold Climate.

A Prognostication.

A moyst and warme Winter is an enemy to Nature, but a friend to husbandry, and indifferent store of Snow doth ranken the Earth, and precludeth Coyne. Now for the preservation of our health, it is fit that wee should vse such Meates whole operation are of a hot and drye qualitie, expelling the colde and unwholesome ayre with good fires, warme Broaches, comfortable Drinckes, and strong Celines: And be carefull to keepe thy head and fecte from colde and wet: But yet can the body digest more grosse and strong Meates then in Summer, by reason that naturall heate is driven (by the coldnesse of the ayre) into the inward parts of the body, to comfort the vitall Spirits, and to helpe digestion.

The common Infirmities of this Quarter, are these (or the like) as Palsies, Coughes, Poles, Goutes, Sores Eyes, Rheumes, Crampes, Tooth-ach, Catarrhs, Sciatickes, Fluxes, &c.

The Second part of the Ycare called the Spring.

*The Spring compared isto Infancy,
To spring and grow in Vertue till we dye.*

Sol in Aries, Taurus, Gemini.

The Spring (being the most comfortable Quarter of all the ycare) begetteth when the glorious Sun entrench into the first degree of the first Equinoctiall Signe Aries, which is vpon monday the xi. day of March, and continueth till the Sun hath progressed through thre three Vernall Signes, Aries, Taurus, Gemini; and this quarter doth end vpon Wednesday the xii. day of June.

The naturall quality of this Quarter is to bee hot and moyst, participating of the Sanguine Complexion: which humor hath most predominacion from nine a Clocke at night till thre of the Clocke in the morning. Now are the dayes and nights of an equall length, and the replevrent Summe seemes to smile vpon the face of the new encountered Earth, causing it to produce all kinde of varietie to our senses. This of all the other Quarters of the ycare, is the most pleasant and wholesome

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some, it being the most convenient time to remoone Diseases of a long continuance, and to prevent those which are like to ensue. Now doe the Birds of the ayre couple and breed, Beasts of the Earth increase, and the Fishes of the Waters doe multiply in abundance, forsaking the Deepe to live in more shallowe places: And now the Earth bringeth forth all sorts of Flowers, Herbes, Fruits and Plantes, for the needfull vse of Man and Beast. The Spring over-wet increaseth Mewes, causing Fruits to be scarce and rotten: It is fitting for the preservation of our heales, that we now use such Meates as are of a colde and drye qualitie: and let your Drinckes be more coole & small then in Winter: And it is now the best time to Purge, Bathe, Bleede, and Sweat, if need require.

The common Infirmities of this Quarter, are Small-pocks Measels, Scabs, Itches in the face, Agues, Rings euilt, &c.

Of the third part of the Yeare,
called Summer.

*Like Man in his chiefe state and lusty yeares,
The ripening Summer Quarter best appeares.*

Sol in Cancer, Leo, Virgo.

Summer beaumeeth at the time when the resplendent Sonne Sentereth into the first degree of the Northern Tropique Cancer, which is vpon Wednesday being the xii. of June, and doth continue till Thursday, the xiii. of September, in which space of time he passeth through these three Solstitiall Signes, Cancer, Leo, Virgo.

The proper nature of this Quarter is to be hot and dry, participating of the Cholericke Complexion, which humour doth chiefly gouerne from 3. of the Clocke in the morning, till 9. before noone. Now is the Sunne at the highest, causing the dayes to be at the longest, and nights shortest. Heate is at the highest, frowns at the low west, Seas most quiet, and the Winds most calme: And now is the fruitfull Earth clothed in her richest embroyders, imparting of her store to all sensible Creatures for their vse and comfort: Flowers are in their beautie,

A Prognostication.

and Fruit in their Delicacie; and the painefull Bees gather their Honey for their future sustenance: Now naturall heat is dispersed abroad unto the outward parts of the Body, & Man is not so hot within as in Winter, neither can he digest such grosse and strong Meates, as then; yet the most small and soole Drinckes are most convenient for our healths, and little stope of Meates doeth best suffice Nature, and those which are boyled are most wholesome, and vse such things as are of a cold and moist qualitie: An over-wet Summer rotteth Fruite, and destroyeth Come.

The vsual Sickneses of this Quarter. are Fevers, Pestilence, Iambies, Agues, paine in the Head and Belly, &c.

Of the fourth part of the Yeere, called Autumne or Haruest.

*As Autumne steales the sappe from Tree and Flower,
So Death comes creeping neerer euey hours.*

Sol in Libra, Scorpio, Sagitarij.

Autumne, or Harbest (vsually termed the Fall of the Leaf) doth begin when the Sunne entereth into the first degree of Libra, which is vpon Friday the xiii. of September, where he maketh the second Equinoctiall, and continueth till Thursday being the xii. day of December; in which time he passeth through these three Autumnall Signes, Libra, Scorpio, Sagitarij.

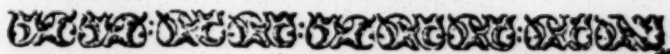
The naturall qualitie of this Quarter is to bee cold and drye, taking the greatest part of the Melancholy Complexion, which Humour doth chiefly reigne from ix. of the Clocke in the Morning, till 3. after Noone. The dayes are now againe equally ballanced with the nights; the Grasse is mowed. Come reaped, fruites gathered, and the painefull Husband-man reapeth the profit of his forpast labours: Now doeth the Earth lose the beautie of her former glorie, Flowers fade, Leases doe fall, Floods increase, and all Creatures loose their former strength & vigour, and the most part of sensible Creatures seeke for shelter against the storme ensuing Winter: Of all other

Quart.

White. 1633.

Quarters of the yeare this is the most unwholsome, breeding diseases of divers kinds in our bodies; therefore beware of the morning and evening cold, and use such things as are of a hot & moist quality: It is now a time (if need require) to Purge, Bath, and Bleed: An Autumne overwet parrisht Grapes, making bad Wines, and scarcity of Frutte.

The diseases of this Quarter are many, as these, or the like, the Stone, paine in the Backe and Kidnies, sore Eyes, Melancholy, Falling-Ecknesse, Agues, Fluxes of Blood, Fistulacs, commonly attending Sylicens, Emrods, &c.



The Rising and Setting of the Planets, with the disposition of the Weather, for every Quarter of the Moone for
this Yeare, 1633.

January.

♄ Saturne is past the South at Sunsetting.

♃ Iupiter is past the South at Sunne rising.

♂ Mars, ♀ Venus and ♀ Mercuri riseth before the Sunne.

First Quarter on Monday the vii. day, 16. min. past two of the clocke in the morning, frost.

Full Moone on Tuesday the xvi. day, 40. min. past vi. of the clocke in the morning, sayre.

Last Quarter on Tuesday the xxii. day, at xi. of the clocke at night, great windes.

New Moone on Tuesday the xxix. day, 46. min. past one of the clocke in the afternoone, windy and wet.

February.

♄ Saturne is South at Sunsetting.

♃ Iupiter is South at Sunrising.

♂ Mars setteth with the Sunne.

♀ Venus shineth bright in the East before the Sunne.

♀ Mercurie is in the west at Sunsetting.

A Prognostication.

First Quarter on Tuesday day the v. day, 53. min. after
vii. of the clocke at night, Frost

Full Moone on Wednesday the xiii. day, 10. min. after
midnight, cold Rames.

Last Quarter on Wednesday the xxi. day, 40. min. after vii.
of the clocke in the morning, Rymes of Hayle.

New Moone on Thursday the xxviii. day, 50. min. after
one of the clocke in the morning, high Winds.

March.

☿ Saturne is very nere the south at Sunne setting.

♃ Jupiter and ♀ Venus sheweth gloriously nere together in the
East before the Sunne.

♂ Mars and ☿ Mercuri West at Sunsetting.

First Quarter on Thursday the vii. day, 36. min. after iii.
of the clocke in the afternoon, tempestuous.

Full Moone on Friday the xv. day, 40. min. after two of
of the clocke afternoon, high winds.

Last Quarter on Friday the xxii. day, at two of the clocke in
the afternoon, sayre, with cold blasts.

New Moone on Friday the xxix. day, halfe an hower past
one of the clocke after noone, windy.

April.

☿ Saturne is in the East at Sunne setting.

♃ Jupiter, ♀ Venus and ☿ Mercuri riseth before the Sunne.

♂ Mars setteth presently after Sol.

First Quarter on Saturday the vi. day, 40. min. past xi.
of the clocke at noone, sayre.

Full Moone on Saturday the xiii. day, 12. min. after xii. of
the clock at noone, windie and wet.

Last Quarter on Saturday the xx. day, 36. min. after vii.
of the clocke in the evening, wet.

New Moone on Sunday the xxviii. day, 53. min. past two
of the clocke in the morning, Rymes.

May

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May.

♄ Saturne riseth at Sunne setting.

♃ Jupiter setteth with the Sunne.

♂ Mars is in the East at Sunsetting.

♀ Venus and ☿ Mercuri riseth before the Sunne.

First Quarter on Monday the vi. day, 14 min. past v. of the clocke in the morning, sayre.

Full Moone on Monday the xiii. day, halfe an houre after xi. of the clocke at noone, sayre.

Last Quarter on Monday the x. day, 5 min. past two of the clocke in the morning, troublesome weather.

New Moone on Monday the xxvii. day, 17. min. past v. of the clocke at night, high windes.

June.

♄ Saturne is Westward at Sunne rising.

♃ Jupiter, ♂ Mars and ☿ Mercuri are East at Sunne set.

♀ Venus is our bright morning Starre before the Sunne.

First Quarter on Tuesday the iiii. day, 36. min. past viii. of the clocke at night, coole dayes.

Full Moone on Tuesday the xi. day, 13. min. past vii. of the clocke in the evening, great stormes.

Last Quarter on Tuesday the xviii. day, 12. min. past x. of the clocke at night, hottie windes.

New Moone on Wednesday the xxvi. day, 14. min. after viii. of the clocke in the Morning, wet.

Julie.

♄ Saturne is South at Sunne rising.

♃ Jupiter, ♂ Mars, ♀ Venus and ☿ Mercuri are in the West at Sunne setting.

First Quarter on Thursday the lili. day, 20 min. after ix. of the clocke in the morning, windy and wet.

Full Moone on Thursday the xi. day, 20 min. past two of the clocke in the morning, windy.

Last Quarter on Thursday the xviii. day, 27. min. after ix. of the clocke at night, Thunder.

New

A Prognostication.

New Moone on Thursday the xlv. day, 40 min. after xi. of the clocke at night, sayre.

August.

♄ Saturne is South at Sunne rising.

♃ Jupiter is past the South at Sunne set.

♂ Mars and ♀ Venus are kissing together in the West at Sun setting.

☿ Mercuri riseth before the Sunne.

First Quarter on Friday the second day, 15. min. after vii. of the clocke at night, tempestuous and hot weather.

Full Moone on Friday the ix. day, 45. min. after ix. of the clocke in the morning, fierce windes.

Last Quarter on Friday the xvi. day, halfe an hower after xi. of the clocke at noone, tempestuous.

New Moone on Saturday the xxiii. day, 56. min. past two of the clocke in the after noone, sayre.

September.

♄ Saturne is toward the South at Sun rising.

♃ Jupiter is South at Sunne set.

♂ Mars and ♀ Venus keepe neere together in the West after Sunne setting.

☿ Mercuri riseth a little before the Sunne.

First Quarter on Sunday the first day, at iii. of the clocke in the morning, faire.

Full Moone on Saturday the vii. day, halfe an hower after vi. of the clocke at night, wet weather.

Last Quarter on Sunday the xiv. day, 36. min. after liii. of the clocke in the morning, raines.

New Moone on Monday the xxi. day, 36. min. after v. of the clocke in the morning, sayre.

First Quarter on Monday the xxviii. day, halfe an hower after ix. of the clocke in the morning, wet weather.

October.

♄ Saturne, is in the East before the Sun.

♃ Jupiter shineth gloriously in the South at Sunne setting.

♂ Mars, ♀ Venus and ☿ Mercury are westward at Sunne set.

Full

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Full Moone on Monday the vii. day, 20. min. past v. of the clocke in the morning, cold raynes.

Last Quarter on Monday the xiii. day, halfe an houre after xi of the clocke at night, high winds.

New Moone on Tuesday the xiiii. day, 14. min. after vii. of the clocke at night, temp. stinuous.

First Quarter on Tuesday the xxi. day, at iiii. of the clocke at night, winde and wet.

November.

♄ Saturne and ♀ Mercury set with the Sun.

♃ Jupiter shinerh in the East at Sunne set.

♂ Mars looketh red in the South at Sun setting.

♀ Venus shinerh beautifull in the west at Sun set.

Full Moone on Wednesday the v. day, at vii of the clocke at night, frost.

Last Quarter on Wednesday the xii. day, at viii of the clocke at night, fayre.

New Moone on Thursday the xxi. day, 45. min. past vii. of the clocke in the morning, fayre.

First Quarter on Wednesday the xxvii. day, at viii. of the clocke at night, great winds.

December.

♄ Saturne and ♀ Venus are in the West after the Sunne.

♃ Jupiter is in the west at Sun rising.

♂ Mars is Southeast at Sun setting.

♀ Mercury riseth a little before the Sun.

Full Moone on Thursday the v. day, halfe an hower after xi. of the clocke at noone, high winds.

Last Quarter on Friday the xii. day, 50. min. after iii. of the clocke in the evening, Frost.

New Moone on Friday the xx. day, 10. min. after vii. of the clocke at night, frost.

First Quarter on Friday the xxvi. day, at x. of the clocke before noone, Snow & Rette.

A Prognostication.

An Eclipse of the Sunne to be seene by vs of
England (and other parts of Europe) this yeare 1633.

This Eclipse of the Sun is to be seene by vs this yeare 1633.
Upon the xix. day of March, about halfe an hower past one
of the clocke in the afternoone; where the fourth part of his
illustrious body wil be obscured from our sight by the interposi-
tion of the body of the Moone: The beginning will happen
about halfe an hower past twelue; the middle, halfe an hower
past one, and the end, halfe an hower past two: So from the
beginning to the end will be about two howers, and then he
will fully recover his former light againe.

Of the severall Conquests of ENGLAND.

Of Hands *England* was the greatest Ile,
by *Iulius Caesar* first of Romans knowne;
By Frenchmen next it was possess'd a while,
by *Clavdius Caesar* they were overthrowne,
To whom, though they allegiance due did yeeld,
yet still their Lawes and Customes they retain'd,
Though they by Strangers then were sold in Field,
to beare a Strangers yoke yet they disdain'd.
Amongst all Nations *England* was the first;
that entertain'd the Gospell of the Lord,
Till *Dioclesian* for blood did thirst,
on all that to this Doctrine did accord.
This land by *Frenchmen* and by *Scots* oppress'd,
the *Saxons* ayd'd it, and it enjoy'd,
Till *Danes* did vanquish them, and it possess'd,
who by the former People were destroy'd:
And ever since, the Noble *Normans* race
five hundred sixtie five yeares here remain'd,
No Forreigne powers their Kingdome could deface,
such stout victorious Kings of them haue raig'n'd.
Heavens keepe our royall King, our Queene, and Prince,
Blesse Word and Sword our Foes for to convince.

The

The beginning, continuance, and ending of the Kings raignes since the Conquest with the time how long it is since, to this Yeare 1633.

*Being fit for scriveners, and such as are employ-
ed in Law causes.*

The Kings names	Began his raigne.	Raigned years.mon.daies	Since their Raigne
Wil. Conq.	1066 Octob. 1	20 11 22	566 Octob. 14
Wil. Rufus	1087 Septem. 9	12 11 19	546 Septem. 9
Henry 1	1100 August. 1	35 4 11	532 August. 1
Stephen	1155 Decem. 2	18 11 19	498 Decemb. 2
Henry 2	1154 Octo. 25	34 9 2	479 Octob. 25
Richard 1	1189 Iuly 6	9 9 22	444 Iuly. 6
John	1199 April. 6	17 7 0	434 April. 6
Henry 3	1216 Octob. 19	56 1 0	317 Octob. 19
Edward 1	1272 Nouē. 16	34 8 9	363 Nouem. 16
Edward 2	1307 Iuly 7	19 7 6	326 Iuly 7
Edward 3	1326 Ianua. 25	50 5 7	307 Ianuary 25
Richard 2	1377 Iune 21	22 3 16	256 Iune 21
Henry 4	1399 Septe. 29	13 6 5	234 Septem. 29
Henry 5	1412 March 20	9 5 24	221 March 20
Henry 6	1422 August. 31	38 6 18	211 August. 31
Edward 4	1460 March 4	12 1 8	173 March. 4
Edward 5	1483 April 9	0 2 18	150 April 9
Richard 3	1483 Iune 22	2 2 5	150 Iune. 22
Henry 7	1485 August. 22	23 2 10	148 August 22
Henry 8	1500 April. 22	7 10 1	124 April. 22
Edward 6	1546 Ianua. 28	6 5 19	87 Ianuary 28
Mary	1553 Iuly 6	5 4 22	80 Iuly 6
Elizabeth.	1558 Nouē. 17	44 4 15	75 Nouem. 17
K James.	1602 March. 24	22 0 3	31 March. 24
K. Charles. 1625 Iulij 27			

A Prognostication.

The explanation of the former Table.

NOte that every King began his raizne, the same time that the next precedent King ended his.

If you desire to know how long it is since the beginning of the raizne of any King, looke how long it is since the ending of the precedent King, and there you shall finde your request.

As for example: If you would know when King Henry the 8 began his raizne, how long he raigned, and also how long it is since his raizne: find out first his name among all the names of the Kings, and searching the row towards the right hand, you shall finde he began his raizne in the yeare 1509 the 22 of April, and under the title of the time that he raigned, is 37 yeares, 10 months, and 2 days: And looking forward in the same rowe, where is 124 yeares April 22 under the title of since their raizne, and so long it is since he dyed.

How to iudge what Weather will follow,
by the rising and setting of the Sunne.

The Sunne rising bright and cleare, signifieth a pleasant day: If he rise fiery red, it promiseth raine: If in his rising hee be thinly overcast with a cloud, it betokeneth foule weather: If the Sun drive the clouds before him into the West, it signifieth faire weather: If at his rising there appeare a circle about him, & banisbeth away equally, it betokeneth faire weather. Also, if he set red, it signifieth faire weather: If at his setting he be of divers colours, or clouds like water, it threatneth raine. If at the rising of the Sun, his beames be mixed, or long, or encompassed with red clouds, it signifieth great windes: If at his setting there appeare a thicke mist, or if it raineth in the evening, it threatneth very foule weather to follow. Also, if the Sunne beames be spotted eyther greene, pale, or blacke, gathered to a cloud, it signifieth raine. The Sun setting cleare without any cloud, signifieth a faire night to ensue. If the circle, or circles about the Sun be cleare, & of no continuance, looke for faire weather: If there be many circles, it signifieth windes: the redder they are, the more vehement winds. If the circles are heere and there broken, and are thicke and blacke, looke for cold wind or snow: Or, if he setle behinde a great black cloud, raine followeth.

How

How weather is foreknowne by the Moone.

If the Moone in the third day of her change, or thre daies before her full, or in the midst of the quarter, be found of pure light, nothing encompassing her, the ends direct up, shee promisseth fayre weather: but bent to red color, promoketh winds. The Moone pale, or somewhat blacke or thicke, threatneth raine. When the Moone is five dayes olde, marke the tips of her hornes, if they be blunt, it signifieth raine: if sharpe poynted and picking upwarres, great winds. If in the fourth day after her change, she haue a red circle about her, it signifieth winds and raine.

Of the iudgement of the weather by the Stars.

If the Starres appeare of much light, and seeme to be of more bignesse & blazing then ordinary, it betokeneth great winds & moulture in that part where they seeme to: and in Winter, great frostes. When diuine Starres appeare with long fiery tayles, it threatneth winds, and great drought: the more in number, the greater will be the effect. Also, when Starres seeme to shoot or fall, it signifieth great winds in that place: If they seeme to shoot in diuers places, it signifieth diuers winds: If in all places, winds, thunder, lightning, and most tempestuous weather.

**A short Instruction, and very necessarie to know
the times and seasons when to Sow, and replant
all maner of Seedes for the Garden.**

Sow Cabbages in February, March, or Aprill, in the wane of the Moone: and replant them in the Decrease.

Sow Cabbage-Lettuce in February, March, or July, in the old of the Moone.

Sow Onions & Leekes, in February or March, at the wane of the Moone.

Sow Beetes in February or March, at a full Moone.

Sow

A Prognostication.

Sow Calcevoys white & greene, in the middle of August or September: Plant the young ones in October, and sett them againe in November.

Sow Parsneps in Februarie, Aprill, or June, in a fayre day.

Sow Radish in Februarie, Aprill, or June, in the increate of the Moone.

Sow Pumpions, Cowcumbers, Millons, and Corrides, in February, March, or June, in a hotte and fayre day.

Sow Spinage in Februarie or March, in the old of the Moone.

Sow Parsely, Fennell, and Annis-seede, in February or March at the full of the Moone.

7 Sow white Cicory in February, March, July, or August, in a full Moone.

Sow Cardus-benedictus in February, March, or May, when the Moone is old.

Sow Bassil in March, in an old Moone.

Sow Purselaine in February, or March, in y^e increate of y^e moone.

Sow Margerain, Cloiers, Time, flower-gentle, Rosemary, & Lavender, in February, March, or Aprill, at the increate of the Moone.

Sow Garden-cresses, and Rocket, in February, at the increate.

Sow Sautill in February or March, at a new Moone.

Sow Coriander, and Borage, in February or March, at the Moones increate.

Sow Harts-home, and Samphire, in February, March, or Aprill, at an old Moone.

Sow Gillsflowers, Hearts-ease, and Wall-flowers, in March or Aprill, in an old Moone.

Sow Cardus, and Arctichokes, in March or Aprill, when the Moone is old.

Sow Chick weed, in February or March, at the full of the Moone.

Sow Burnet in February or March, at an old Moone.

Sow Bishop and Sauer in March, when the Moone is old.

Sow double Marigolds in February or March, at the increate at the Moone.

Sow Larkes-foot, Spargel, and Sperage, in February, in an old Moone.

Sow

White. 1633.

Sow white Poppy, and Palma Christi in February or March, at the increase of the Moone.

Sow all manner of Corne the Moone increasing, she being in Cancer, Libra, or Aquarius.

Set or sow all kind of Seeds the Moone in Aries, Taurus, Cancer, Virgo, Libra, Capricorne, Aquarius, or Pisces: but those Seedes whose Rootes are round, should be sowne three or fower dayes before, or after the full Moone.

Certaine and short Rules, for the comforting of the chiefe official Members of the Body of Man.

Things which are good to comfort the Head.

Lignum-Aloes, Mariorum, Galingale, Muske, Rosemary, Roses, Camomell, Rue, Frankinsence, Nutmegs, Hyssop, Balsie, Mints, Spike, and Gladen.

Things good for the Eyes.

Fennell, Cieruen, Cloves, Cold water, Celestine, Erbright, Rellies, and Agrimony.

Things good for the Stomacke.

Nutmegs, Cloves, Origanum, Corall, Saffron, Quinces, Wormewood, Olibanum, Agrimony, Fumetory, Mastike, Lignum-Alves, Spodium, and Coriander prepared.

Things good for the Heart.

Saffron, Cloves, Sinamon, Mace, Nutmegs, Mariorum, Burrage, Buglosse, Rosemary, Mirabolanes, Pearles, Lignum-Aloes, Corall, Muske, and Setwell.

Things good for the Liver.

Liverwort, great Raysons, Wormewood, Agrimony, Saffron, Cloves, Endive, Violets, Fennell, Plantaine, Dragons, Rosewater, Lettuce, Violets, Sanders.

Things good for the Lungs.

Licoris, Raysons, Almonds, Dates, Lungwort, Maydenhaire, Lungwort, Escimpane, Distaces, and Peneciles.

E

Thing:

A Prognostication.

Things hurtfull for the Body.

Meates hurtfull to the Teeth.

Nettes, Meates very hot, Marine drinke, Sweete meates and drinke, Radish rootes, Hard meates, Bitter meates, Milke, much Vomiting, Leekes, Fatte of Fish, Colicworthe, & Limmons.

Things hurtfull to the Eyes.

Garlicke, Onions, Radish, Drunkennesse, Letcherie, Sweete and thicke Wines, Salt meates, Coleworthe, all Pulle, Dust, Wille, Dust, Smoake, Fire, and reading presently after supper.

Rules of Mensuration.

A Fingers bredth is foure Barly comes in thicknes; and an Inch three Barly comes in length: A hands bredth foure fingers: A span is three hands bredth: A foot is foure hands bredth: A Geometricalle Palse is five foot: an English Pearch is xvi. foot $\frac{1}{2}$. A Furlong is a hundred, & twenty five pases, or six hundred twenty and five foot: An English Furlong is six hundred and threescore foot, or a hundred thirtie two pases: A League is a thousand and five hundred pases: An Italian Mile is a thousand pases, or eight Furlongs: A common German Mile is thirty two Furlongs. An English Mile is eight Furlongs: An Acre is forty Pearches in length, and foure in bredth.

A Short Instruction for the Table following.

Note that the first Colunne of Row, containeth the Names & number of Shires, the second of Cities, the third of Bishopricks, the fourth of Castles, &c. Now goe straight in a line, and you shall easily finde the number Alphabetically, aswell for the English as for the Welch Shires: As for example, Buckinghamsshire hath no Title, no Bishopricke, 11. Parker Townes, no Castles, 185. Parishes, &c.

A Catalogue of all the Shires, Cities, Bishop-
rickes, Market-Townes, Castles, Pari shes,
Riuers, Bridges, Chafes, Forrests, and Parkes,
conteyned in euery partticular Shire
in the Kingdome of England.

Shires.	Cities.	Bishop- rickes.	Market- Townes.	Castles.	Par- ishes.	Riuers.	Bridges.	Chafes.	Forrests.	Parkes.
Barke shire.	0	0	11	2	140	3	7	0	1	13
Bedford shire.	0	0	10	0	116	1	6	0	0	12
Buckingham shir.	0	0	11	0	185	2	14	0	0	15
Cambridge shire.	0	1	6	0	163	1	7	0	0	5
Cheshire.	1	1	9	3	68	9	19	0	2	18
Cornwall.	0	0	23	6	161	7	31	0	0	9
Cumberland.	0	1	8	15	58	20	33	0	3	84
Darby shire.	0	0	8	4	106	13	21	0	1	33
Deuon shire.	1	1	40	3	394	23	106	0	0	22
Dorset shire.	0	0	18	6	248	4	29	1	2	11
Durham;	0	1	5	4	62	11	20	0	0	26
Essex.	1	0	21	1	415	7	28	0	1	19
Glo ester shire.	1	1	20	1	180	12	22	1	2	2
Hamp shire.	1	1	18	5	248	4	31	0	4	23
Hartford shire.	0	0	18	0	120	1	24	0	0	28
Hereford shire.	0	1	8	7	176	13	11	1	2	8
Huntington shir.	0	0	5	1	78	1	5	1	1	73
Kent.	2	2	17	8	398	6	14	0	0	20
Lancashire	1	0	8	6	36	33	24	0	1	33
Lecester shire	1	0	11	2	200	1	10	0	2	13
Lincolne shire	1	1	26	3	630	9	15	0	0	12
Middlesex	2	1	3	0	73	1	3	1	0	4
Northamptonshi.	1	1	11	2	326	5	24	0	3	4
Nottinghamshi.	1	0	11	0	168	5	17	0	1	8
Northumberland	0	0	11	12	40	21	16	0	1	8
Norfolke	1	1	26	0	625	3	15	0	0	0

A Prognostication.



Shires.	C.	Bysh.	M.T.	C.	Parri.	R.	Br.	Ch.	For.	Park.
Oxfordshire	1	1	10	0	203	3	26	0	4	9
Rutland	0	0	2	0	47	0	1	0	0	4
Shropshire	1	0	3	13	170	18	13	0	7	27
Somersetshire	3	2	29	1	385	9	45	0	2	18
Staffordshire	1	1	12	5	130	13	19	1	1	38
Suffolke	0	0	28	1	464	2	32	0	0	27
Sussex	1	1	18	1	312	2	10	0	4	33
Surrie	0	0	7	0	140	1	7	0	1	17
Warwicke shire	1	1	12	1	158	7	21	1	0	16
Westmoreland	1	0	4	6	26	8	15	0	2	19
Wiltshire	1	1	21	1	304	5	31	1	9	19
Worcester shire	1	1	7	3	152	5	13	1	2	16
Yorke shire	1	1	46	14	563	36	62	4	8	72
Anglesey.	0	0	3	0	83	8	2	0	0	0
Brecknockshire.	0	0	3	4	70	27	13	0	0	2
Cardigan shire.	0	0	4	0	77	26	9	0	1	0
Carmarthen shire	0	0	6	4	81	20	16	0	1	2
Carnarvon.	0	1	5	3	73	17	6	0	1	0
Denbigh shire.	0	0	3	3	53	24	6	0	0	0
Flint shire.	0	1	3	4	24	4	2	0	0	2
Glamorgan shire	0	1	7	12	151	16	6	0	0	5
Montgomery shire	0	0	5	3	42	28	6	0	0	1
Monmouth shire.	0	0	6	7	142	15	14	1	0	8
Merioneth shire	0	0	3	3	34	26	7	0	0	0
Penbroke shire	0	1	6	5	142	6	7	0	2	3
Radnor shire	0	0	4	5	43	13	5	0	0	0

The Contents, Compas, Length, and Breadth of ENGLAND.

Thus much in Miles whole *England* it containes ; 34866
 Thus much in Miles will reach about it round : —1890
 Her length from *Lyzard-point* to *Barwick-straits*—334
 Twixt *Dover*, *Holy-head* the breadth is found. —250.

White. 1633.

A Table to know how many Howeres and Minutes the Moone shineth every Night in the Year.

The age of the Moone encreasing.	The Howeres and Minutes that she shineth.		The age of the Moone decreasing.
	Houres.	Minutes.	
1	0	48	29
2	1	36	28
3	2	24	27
4	3	12	26
5	4	0	25
6	4	48	24
7	5	36	23
8	6	24	22
9	7	12	21
10	8	0	20
11	8	48	19
12	9	36	18
13	10	24	17
14	11	12	16
15	12	0	15

The vse of this Table.

Take the age of the Moone in the Almanack, then looke the Same in this Table, which you shall find either in the increasing or decreasing, and then in the middle Colunne you shall without further labour find the time of her shining.

As for Example: Upon the 31 day of January, I would know how many Howeres and Minutes the Moone shineth: I find in the Almanack it is New Moon the 29 day, the reckoning from thence to the 31 day, I find she is 2 daies old: Then entering this Table, it sheweth, she shineth 1 hower and 36 minutes: So is it likewise when she is 28 daies old, &c.





Times of Mariage prohibited by our Church.



From after Advent Sunday (the 2. of December 1631) till
 Dayes after Twelfe day, being the 13. of January.



From after Septuagesima Sunday (being the 17. of February) till the xxviii. day of Aprill.


From Whitday before Ascention day (being the 3. of June) till Trinitie Sunday being the 16 of June.

The explanation of a new and easie Kalender here
 following, for this present Yeare, 1632.

Note that every Moneth conteyneth three rowes of Col-
 umnes, (the figures for the number of Dayes excepted) the
 first Columne toward the left hand conteineth the Weeke Dates
 and Sunday Letter. The second, the Signe wherein the Moone
 is every day. And the third, the Changes and Quarters of the
 Moone. Note that the being thus  figured doth signifie the
 new Moone: and placed thus  way is the first Quarter: This
 the Full Moone; And againe thus  the last Quarter. Note
 also, that the Figures over the head of the Moones, doe signifie
 the houre of her Changes; and the Letters underneath, the time
 after noone, or after midnight, N. standing for after noone till
 Midnight, and M. for after Midnight till Noone.

As for example, Against the 7. day of January, being Mon-
 day, I doe finde the Moone in  Taurus, and is thus  charactered, which is the last Quarter, at 2. of the clocke in
 the morning.

Againe, on the 15. day of March, being Friday, I doe find
 the Moone in  Libra, and is thus  charactered, which is
 Full Moone at 3. of the clocke afternoone, &c.

Note also, that at the head of every Moneth is placed the Rising
 and Setting of the Sunne for the middle of every Moneth: As
 for example, for the midst of January the  Sun riseth at 7 of
 the clocke, and 43 minutes; and setteth at 4 of the clocke and
 17 minutes.

It also conteyneth (on the back side of the leafe) for every Mo-
 neth, the Holy-dayes, and Feasts, both Movable and Im-
 movable; with the beginning and ending of every Terme:
 As Easter-day is on the 21 day of Aprill, Whitunday on the
 9 day of Iune: Terme begins on the 23. of January, and endeth
 on the 12 of February, &c.

A briete and easie Kalender for this Yeere
 1633. which being cut out, is fit to be placed
 into any Booke of Accompts, Table-booke, or
 other, conteyning the whole Almanacke, in
 a short method; By John White.

Day.	January.	Februa.	March.	April.	May.	June.	July.	August.
	07.43 4.17.	06.46 5.14.	05.50 6.10.	04.51 7.9.	04.4. 8.56.	03.47 8.13.	04.12 7.48.	05.4 6.56.
1	a	d	d	b	b	e	g	c
2	b	e	e	a	c	f	a	d
3	c	f	f	b	a	g	b	e
4	d	g	g	c	e	a	c	f
5	e	a	a	d	f	b	d	g
6	f	b	b	e	g	c	e	a
7	g	c	c	f	a	d	f	b
8	a	d	d	g	b	e	g	c
9	b	e	e	a	c	f	a	d
10	c	f	f	b	a	g	b	e
11	d	g	g	c	e	a	c	f
12	e	a	a	d	f	b	d	g
13	f	b	b	e	g	c	e	a
14	g	c	c	f	a	d	f	b
15	a	d	d	g	b	e	g	c
16	b	e	e	a	c	f	a	d
17	c	f	f	b	a	g	b	e
18	d	g	g	c	e	a	c	f
19	e	a	a	d	f	b	d	g
20	f	b	b	e	g	c	e	a
21	g	c	c	f	a	d	f	b
22	a	d	d	g	b	e	g	c
23	b	e	e	a	c	f	a	d
24	c	f	f	b	a	g	b	e
25	d	g	g	c	e	a	c	f
26	e	a	a	d	f	b	d	g
27	f	b	b	e	g	c	e	a
28	g	c	c	f	a	d	f	b
29	a	d	d	g	b	e	g	c
30	b	e	e	a	c	f	a	d
31	c	f	f	b	a	g	b	e

♈. Aries, ♉. Taurus, ♊. Gemini, ♋. Cancer, ♌. Leo, ♍. Virgo,
 ♎. Libra, ♏. Scorpio, ♐. Sagittarij, ♑. Capricorne, ♒. Aquarius,
 ♊. Pisces. The ☉ New Moone. The ☾ first Quarter,
 The ☾ Full Moone. The ☾ last Quarter.
 And ♄ the Sunday Letter.

Day.M.	Septem.	Oct.	None	Decem.	The Feasts Moouable and Immoouable: With the Termes, &c.	
	☉ 6.4 5.56.	☉ 7.3 5.57	☉ 7.55 4.5.	☉ 8.13 3.47	January.	July.
1	f f)	a ~	d x	f d	New years day 1.	Terme ends, 10
2	g v 3	b ~	e v	g d	Twelue day 6.	Dog dai. begi. 19
3	a v m	c x	f v	a d	Terme begin. 23	S. Iames Apo. 29
4	b ~	d x	g d 7	b II II	February.	August.
5	c ~	e x	a d ●	c II ●	Purif. of Mary, 2.	Barthol. Ap. 24
6	d x 6	f v 5	b II n	d d at	Terme ends, 12.	Dog da. end, 29
7	e x ●	g v ●	c II	e d m	S. Mathias, 24	September.
8	f v a	a d m	n II	f d	March.	Mathew Apo. 21.
9	g v	b d	e d	g d	Annu. of Mary, 25	Michael Arch. 29
10	a d	c II	f d	a d	Init. Reg. Car. 27	October.
11	b d	d II	g d 8	b ny 4	Aprill.	Terme begin, 9
12	c d	e d	a d 8	c ny 4	Easter day, 21.	Luke Euang. 18
13	d II	f d 12	b d 8	d ny 4	S. George. 23.	Simon & Iude, 28
14	e II 4	g d 12	c ny n	e d n	Mark Euang. 25.	November.
15	f d 4	a d at	d ny	f d	May.	All Saints, 1.
16	g d m	b d n	e d	g m	Phil. & Iacob, 1.	Baptists consp. 5
17	a d	c ny	E d	a m	Terme begin. 8.	Terme ends, 28.
18	b d	d ny	g d	b f	Ascension day. 30	S. Andrew Ap. 30
19	c d	e ny	a m.	c f 7	June.	December.
20	d ny	f d 7	b m 8	d v 0	Terme ends, 3.	S. Tho. Ap. 21.
21	e ny	g d 0	c f 0	e v n	Whitsunday. 9.	Christmas da. 25
22	f ny 4	a m n	d f m	f ~	Terme begin, 21	S. Stephen, 26
23	g d 0	b m	e v	g ~	Iohn Baptist, 24	S. Iohn, 27
24	a d m	c f	f v	a x	Peter Apost. 29	Innocents da. 28
25	b m	a f	g ~	b x	FINIS.	
26	c m	e f	a ~ 8	c v 10		
27	d f	f v	b x)	d v)		
28	e f	g v 4	c x n	e v m		
29	f v 9	a ~)	d v	f d		
30	g v)	b ~ n	e v	g d		
31	m	c x		a II		